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Al Ain Times NEWS

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UAE dispatches humanitarian aid to the Libyan People through Saloom Crossing

Al Ain Times News:

The UAE sent today humanitarian aid convoy to the Libyan people through Saloom Crossing at the Egyptian-Libyan Borders.

The relief aid was donated by the Mohammed bin Rashid Al Maktoum Humanitarian and Charity Establishment and Dubai Islamic Foundation of Dubai Islamic Bank.

Adviser Ibrahim Bu Melha, Director General of the Sheikh Mohammed bin Rashid Al Maktoum Humanitarian and

Charity Establishment, said the convoy is composed of 40 trucks, each truck carried between 28-30 tons of food.

Delivering the humanitarian aid to the Libyan charity organisations at Saloom, Bu Melha said the dispatch of humanitarian aid to the Libyan people comes in line with directives of President His Highness Sheikh Khalifa bin Zayed Al Nahyan and the Vice President and Prime Minister and Ruler of Dubai His Highness Sheikh Mohammed



bin Rashid Al Maktoum.

He added that "we had assessed

the needs of the Libyan people before the humanitarian aid was sent to them."

Al Qattara Arts Center opens in Al-Ain

Al Ain Times News:

Under the patronage of His Highness Sheikh Tahnoon Bin Muhammad Al Nahyan - the Ruler's Representative in the Eastern Region of the Emirates of Abu Dhabi, Al Qattara Arts Centre was inaugurated on 29th March-2011.

The centre is located in an old historic fort in the Al-Qattara Oasis that has been restored, designed and funded entirely

by the Abu Dhabi Authority for Culture and Heritage (ADACH).

The opening ceremony was attended by Sheikh Sultan Bin Tahnoon Al Nahyan, the Chairman of ADACH along with the Advisor for Culture and Heritage in the Court of His Highness the Crown Prince of Abu Dhabi and the Director General of ADACH, Mohamed Khalaf



Al Mazrouei and Dr. Sami el Masri, the Deputy Director-

General for Arts, Culture and Heritage at ADACH.

Abu Dhabi crash involving 127 vehicles

Al Ain Times News:

More than 60 people were injured and one killed in a fatal multiple road crash involving 127 vehicles on Shaikh Maktoum bin Rashid Al Maktoum Highway from Abu Dhabi to Dubai between the Taweel and Samhah

interchanges on Saturday morning.

The General Headquarters of Abu Dhabi Police said only one person, an Asian, was killed in the multiple chain reaction of the crash

between 127 vehicles with 61 injured. 'The accident was caused by both bad weather (dense fog) and human error. Despite of poor visibility due to heavy fog, most of the drivers on Saturday morning did not abide by speed

control and maintaining distance,' said Major General Mohammed Al Awadi Al Menhali, Director General of Police Operations at Abu Dhabi Police General Headquarters.



World's Tallest & Highest Fort to be built in Al Ain

Ramadan Ben Amer:

Al Ain is soon to become the home of the tallest and highest fort in the world. The Al Ain Times learned from an insider official that the news details will be officially announced next week in a press conference to be organized by ABC media & marketing firm located in Al Ain city. The world's tallest fort will be 200 meter high and it will be built on a location of about 1249 meters high on the top of Jebel Hafeet, the highest mountain in the United Arab Emirates nearby the UAE- Oman border. And as the Jebel Hafeet tops 1249 meter, the new fort will reach an height more than 1449 meters marking itself as the world's highest building and higher than Dubai's Burj Khalifa of more than about 850 Meter. Al Ain that is always considered a town with building reaching up to 4-5 floors, and most recently the Al Ain Municipality allowed some buildings to be built as high as 6-7 floors maximum, but now the city is preparing itself to host the highest and

tallest fort as compared to all other emirates. Jabel Hafeet with a rising height of 1249 meters and the most splendid view of the city with 2 lane road often described as the most curved road in UAE. Tourists from all over the world will soon plan to visit this unique fort in Al Ain's Jabel Hafeet. Al Ain Times News is the first one to report this buzzing information to it's readers.

The concept designer Eng. R. Ben Amer announced that: "The 200 meter high fort will host the first fort resort style and it will include 200 luxury rooms with high class resort facilities".

We would like to know what do you think about it. So send us your views to: alaintimespress@gmail.com (Facebook: alaintimes Twitter: alaintimes. Al Ain's tallest & highest fort) to win yourself gift certificate coupons.

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Lulu Cares-And so do we!

Al Ain Times News :

Under the patronage of His Highness Sheikh Mohammad Bin Khalifa Bin Sultan Bin Shakhboot Al Nahyan and Mr.A.K.Ahmed the regional Director of Lulu Hypermarkets Al Ain operations and in the presence of a number of other officials from Lulu- a charity program named Lulu Cares – Special Children Great Program- was held at the premises of Lulu Kuwaitat- Al Ain.

The event took place on the 21st March-2011 marking the mother's day and making these children realize that they are

very much part of the society. Special Needs children from Al Ain centre for Care and Rehabilitation were present on the event where they exhibited their artwork.

The event took place in association to Alpha Beta Publishers and Media Consultants – publishers of Al Ain Times News and Al Futtaim Carillion. The event took place with a donation giving session and where officials spoke about the need of such events to boost up the inner metal of the special needs children who are very much like us and need

a platform to showcase their talents and socialize with the general public as they too are the integral part of the society. A prize distribution session also took place where H.H.Shekih Mohammed Bin Khalifa Bin Sultan Bin Shakhboot Al Nahyan and Mr. A.K.Ahmed donated treadmills, exercise cycles and equipments along with LCD T.V sets to Mr. Mohammed Asfour the director of development at Al Ain center for Care and Rehabilitation. A large number of spectators were present and along with the special needs children other children also enjoyed the fun

games and activities at the end of the show.

Other officials present at the event were- Mr.Rajan D.Viyyath the General Manager of Lulu Kuwaitat-Al Ain, Mr.P.B.Nazer Regional Manager of EMKE Group in Al Ain, Mr. Robert Preston Retail Operation Manager of Lulu in Al Ain, Mr. Ramadan Ben Amer Managing Editor of Alpha Beta Publishers and Media Consultants- publishers of Al Ain Times News and Mr. Mohammed Asfour, director of Development at Al Ain center for Care and Rehabilitation.



“Real estate and general contracting companies are able to meet the challenges of the current market”- Salem Ali Al Tamimi

Al Ain Times News :

Mr. Salem Ali Al Tamimi -owner and chairman of the board of directors for Abar Al Qarath real estate and Al Ain line general contracting company declared in an exclusive interview with Al Ain Times newspaper that global financial crisis was creating an uncertain period at general contracting market, local building and construction and laborers of these companies in Al Ain. The real estate companies in Al Ain and Abu Dhabi are now proceeding ahead with the constructors by agreeing on the new prices and timetables for project implementation.

About Abar Al Qarath

The company was established about six years back and is till date working on the vision to achieve to quantum leap to the concept of the real estate industry and convert from old path to the real role, which would contribute in providing f success to the different sectors like economic and social in which their strategic focus on comparative advantage, economic growth, demanding and large gap on the products of the real estate that connecting

with population growth, raising incomes and availability of financial liquidity.

Achievements and future

One of the most projects that the company has invested and implemented are villas compound in Al Ain, numbers of industrial building and investment villas. The future plan of the company is to expand the real estate projects in the level of the UAE depending on our internal ability and supplying with best internaional expertise houses if it is necessary. Abar Al Qarath for real estate and Al Ain Line general contracting believe that the excellence and the abilities to competitiveness need to develop the strategic and creative thought. We believe that development of this thought for any company is one of the most difficult things because it needs to change the culture of the administration, however, this need is become necessary to have this changes especially since the future competition between real estate's market increasing by time.

The Real Estate of Al Ain city
“Al Ain city is a spirit of Abu

Dhabi, where the market may suffer from inadequate supply until 2015 at least in residential real estate. However, on the office section, the demand may expected to remain high in the medium term as supply remains weak. On the retail segment, the demand will continue outstrip on the supply until 2013, and the tourism will help to support the demand. The price of the real estate in Al Ain and Abu Dhabi will decrease until 2014, and it may reach to the bottom at the end of this year according to the latest real estate research,” Mr. Al Tamimi adds.

Real Estate sector challenges

Some of the prominent challenges the real estate sector faces especially in this era of urbanization are the unavailability of land at reasonable prices along with their planning, their infrastructure construction, studying their costs and investing them are. In addition to the legislative environment, the mortgage systems are confined to banks only as real estate companies cannot make mortgage. This is considered the real estate sector's biggest

challenge. In order to face these challenges and achieve the company's strategy, we are currently forming a high-skilled staff of managers, technicians and financiers with special capabilities. Moreover, we are creating a working environment and systems of international standards as well as benefiting from international experiences to develop projects that achieve the required changes and reflects the company's vision and new strategy.

The potential of real estates in Al Ain

Yes, real estate companies have enough potential to surpass the market's current challenges. The proof for that is that they are still standing and carrying on with their work even two years and a half after the effects of the global financial crisis began. We also haven't, until this day, heard of any bankruptcies or shutting down of big or medium companies under our good leadership. We assure that the local market, with all its elements, is capable of surpassing the current challenges as it has, until now, overcome all the previous obstacles. Furthermore, it was able, along with its workers, to

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and adapt to them.

Construction materials market

The past short period has seen a rise in prices of some of the essential construction materials. The rebar's price, for instance, has increased, and the cost of one ton of cement rose by 30 dirhams from AED 250 to AED 280 per ton. This will reflect negatively on the real estate companies that have finished projects when the reduction in demand for cement has had a negative effect on factories and caused them severe losses.

materials, they are linked to the prices that are determined by the global market, the prices of oil, raw materials and the cost of manufacture and shipment. We cannot attribute this rise to the fact that the real estate market resumed its previous activity again. From our perspective, the current prices for the construction materials is reasonable, but the problem is associated with the method of payment and the period the source will give the contractor as most of them refuse importing without a down payment.

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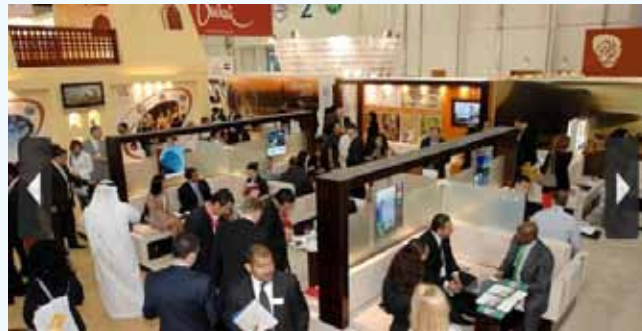


5th Edition of Gulf Incentive, Business Travel and Meetings Exhibition is a huge success!

Al Ain Times News / Rossana Joy:

Major players of the industry turned out to support the ever-expanding GIBTM Exhibition at ADNEC. Abu Dhabi's Business tourism has grown significantly over the past few years. The event was expected to attract more than 2,000 industry professionals and over 250 exhibitors. We popped along on the opening day to see for ourselves if 'the hype' and expectations were likely to reach projected figures. The enthusiasm from both exhibiting companies and visitors alike was infectious.

GIBTM once again featured an outstanding Education Program that received a positive response from attendees, held on the show floor this time in a dedicated seminar theatre, aimed at providing attendees with the latest trends and features of this very important sector. The program kicked off with the launch of the 2011 Middle East Meetings industry research, a presentation by Sally Greenhill from The Right Solution" and Rob Nicholas of 'Meetme' both presenters gave an interesting account of the latest research and revealed exactly how these changes could be



utilized.

Next to take the floor was Rebecca Saunders of Sustainable Events, providing an insightful overview of the practicalities of Sustainability initiatives. This proved to be an interactive workshop with the business case being presented in a practical yet approachable way, explaining in a concise and precise manner how these important initiatives could be implemented to enhance existing organisational efficiency

There were many informative and interesting speakers over the remaining few days. Joyce Dogniez, Director of Development at meetings Professionals International examined the Business value of Meetings and Events; using research sources from

Harvard Business Review, Oxford Economics, Forbes, MPI and other sources, Joyce made an articulate business case for the profitability of having face-to-face meetings and events, providing more incentives for improved business relationships.

The final day of GIBTM had Brian Ludwig, Vice President of Covent, explaining Strategic Meetings Management and how savings can be made on related costs.

This comprehensive and Educational Event gave a complete overview of exactly how GIBTM is continually evolving and improving to meet the needs of this very important industry. It was another success story for ADNEC.

ADTA-In Pursuit of Excellence

Al Ain Times News / Rossana Joy:

Abu Dhabi Tourism Authority's projected target of two million hotel reservations for 2011 is already on track at the moment. Many hotels have reported an increase in hotel bookings compared to this time last year. ADTA has stated that visitor length of stay in the region has seen a ten percent increase.

According to GIBTM's popular publication 'Show Daily' Abu Dhabi saw a double-digit growth for hotel guests staying in the Emirate last month compared to the



same period last year. Guest bookings have increased by 29 percent, occupancy levels had climbed up to 77 percent

during the same period.

ADTA continues its journey in pursuit of excellence

Abu Dhabi Tops middle east meetings satisfaction, survey reports

Al Ain Times News :

International meetings buyers have ranked Abu Dhabi as delivering the greatest satisfaction of any regional destination in the 2011 Middle East Meetings Industry Research Report.

The finding, which followed canvassing of more than 500 buyers, was revealed at the fifth Gulf Incentive, Business Travel & Meetings Exhibition (GIBTM) currently running at the Abu Dhabi National Exhibition Centre (ADNEC).

With the UAE heading a ranking of 14 countries, Abu Dhabi then topped the breakdown for the Emirates

achieving an excellence rating of 3.47 out of four.

"Abu Dhabi's developing infrastructure, such as the increased diversity of exhibition space and better balance of hotel star mix, is leading to significant growth across the meetings industry," said Rob Nicholas, Publisher Meetme Magazine, which conducted the research in conjunction with Reed Travel Exhibitions - the GIBTM organizer.

The report also revealed that events in the Pharmaceuticals/ Medical sector came out tops in staging the most regional



event. Next February, Abu Dhabi will host the world's longest-running medical congress when over 12,000 delegates will be in the UAE capital to attend the World Ophthalmology Congress.

Honoring Emarati graduates of cadet pilot programme

Al Ain Times News:

Sheikh Ahmed bin Saeed Al Maktoum, Chairman and Chief Executive, Emirates Airline and Group, presented trophies and certificates to the graduates of the latest National Cadet Pilot Programme who successfully completed the two-and-a-half-year programme. at a ceremony held at the auditorium of the airline's headquarters on 30th Amrch-2011.

"As a result of the ongoing support from His Highness Sheikh Mohammed bin Rashid Al Maktoum, Vice-President and Prime Minister of the UAE and Ruler of Dubai, a quarter of the Emirates senior management are UAE Nationals and the number of UAE pilots is steadily increasing," said Shaikh Ahmed.



"What's particularly special about our latest batch (2011) is that they are the last to complete our programme in Adelaide at Parafield Airport, Australia," said Captain Abdulla Al Hammadi, National Cadet Pilot Manager. "The coming trainees will start their programme at Jerez Airport in Spain, which is considered a suitable geographical location easing travel from

Dubai for the students."

"There is an open budget for the training programme, yet approximately, over Dh50 million is dedicated to the UAE National Cadet Pilot Programme, excluding their monthly salaries. In addition to today's graduates, over 180 UAE nationals are still undergoing the Emirates Airline National Cadet Pilot Training Programme," he added.

Spiderman scales Burj Khalifa

Al Ain Times News :

French 'Spiderman' Alain Robert scaled the height of the tallest building in the world in an enduring feat. The glittering glass and steel exterior of Burj Khalifa turned into an upright wall which was easily climbed by Alain Robert. Thousands of spectators gathered in Dubai Mall's fountain area to catch a glimpse of the historic moment as Alain started his climb using bare hands. Strong winds caused Alain to delay his climb till 6.10pm, just before sunset. Amidst loud cheers from onlookers, Alain dipped his hands into a small pack of powder tucked on to his back and started ascending the glass wall from the eighth floor, which is the actual base of Burj Khalifa. Climbing with bare hands and a safety harness only, paramedics and safety crew positioned around the area as Alain journeyed



to the top using his extreme climbing skills. Organized as part of the 'Education Without Borders Conference' of the Higher Colleges of Technology (HCT), the 'Spiderman' unfolded a portrait of His Highness Shaikh Mohammed bin Rashid Al Maktoum, Vice-President and Prime Minister and Ruler of Dubai, while hanging on to steel bars. The climb was expected to be completed at midnight and Alain was expected to be the first person to scale the height

of the world's tallest building measuring 828 meters.

Although Alain suffers from vertigo on account of falls during such attempts, his true passion remains in climbing as Burj Khalifa was his ultimate urban challenge.

"This is a dream to do this climb and I am very thankful and honored that the UAE let me climb the tallest building in the world. I am breaking my record and it is a new challenge," said Alain before the climb.

UNESCO and GEMS sign pact on teacher training

Al Ain Times News:

Millions of students around the world will benefit from a new collaboration between UNESCO and GEMS Education as part of a new framework agreement on teacher training.

The agreement, signed on the 29th of March, is the first step towards a series of developments that will lead to prioritizing gender parity and education development in under-developed countries.

Hans d'Orville, Assistant Director-General for Strategic Planning at UNESCO, said, "If you prepare teachers appropriately and focus on areas under-served by a support system, it will lead to the empowerment of girls through education.

"We are coming to a bigger mix between private and public partners in creating long-term agreements. This is the first step and everything is



transparent."

Working towards serving the educational needs of under-developed countries, the teacher-training partnership will see GEMS provide its resources to projects identified by UNESCO.

Vikas Pota, chief executive of the Varkey GEMS Foundation, said, "The framework agreement will serve for a better collaboration between UNESCO and GEMS. In particular, we will

be committed to training teachers, principals and school leaders" and address issues to make girls achieve more in Maths, Science and Technology.

UNESCO will identify projects for GEMS to work on over the next four years. "The next stage is to identify where the interventions need to be made to support the development of education in other countries. Priority lies on gender equality and Africa," said Vikas

Educational Youth Campaign by Yahsat

Al Ain Times News:

Al Yah Satellite Communications Company (Yahsat) has launched 'A Nation's Pride in the Sky' school program, in partnership with the Abu Dhabi Education Council (ADEC), to educate students about satellite technology.

As preparations are underway for Abu Dhabi's first satellite launch later this month, the Yahsat team has been presenting at high schools and universities across the Emirate; teaching students about the benefits of satellite communications and the importance of satellite Y1A to the UAE and greater region.

Schools included in the tour were: Al Ma'ali Model School for Girls in Al Ain; Al Gharbia Model School for Boys in Al Gharbia; Al Nahda National School for Boys and Al Nahda National School for Girls on Abu Dhabi Island; as well as Khalifa University of Science, Technology and Research (KUSTAR).

Speaking on the campaign, Jassem Al Zaabi, CEO of Yahsat,

said: "Satellite communications are a central component of our modern economy. We want our youth to be at the forefront of this developing industry as they prepare for their future careers. We hope to educate students about the transition Abu Dhabi is making to become a regional hub in technology and communications."

Mohammed Salem Al Dhaheri, ADEC's Executive Director of School Operations, said that student participation in this program comes in line with ADEC's strategic plans aiming at developing the skills of our students in order to help them contribute to Abu Dhabi economic vision aiming to establish a knowledge-based economy. "This goal can be achieved by widening student social engagement, introducing students to the most advanced technological applications, encouraging them to actively participate in all programs and activities that may develop their innovation and creative thinking skills," he added.



The presentations were designed to excite students about cutting edge applications of sciences and technology, while encouraging students to discover more about future careers in satellite communications. Students were educated on the launch process, the scientific principles holding satellites in fixed orbit, and on the contributions Yahsat's satellites will bring both locally and abroad.

After the presentation, students participated in an educational activity allowing them to apply what they learned by creating articles on the subject. Yahsat's young National engineers and team members led the workshops, highlighting the role of the satellite and communications in creating a sustainable diverse economy in Abu Dhabi.

Marrs International awards Arsalan Ansari

Al Ain Times News:

Arsalan Arshad Ansari a Hafiz-e-Quran and one of the graduate students of Al Ain Juniors School who is currently studying Petroleum Engineering at The Petroleum Institute in Abu Dhabi grabbed the first position at the recent Marrs International Spelling Bee Contest organized by Cambridge University in Kuala Lumpur, Malaysia on the 12th of February-2011 and won himself US\$ 4,444.

Arsalan Ansari who has been receiving Sheikh Rashid Bin Maktoum award for the past 2 years for being a World Topper in A.S Mathematics and who has also received the overall academic excellence award in the United Arab Emirates for his A-levels, is overwhelmed at receiving such a prestigious award.

"Competing with people of my age from different parts of the world is entirely a different experience because students are more sharp with different intelligences but my



focus has always been on the criteria, content or the technique to win the competition with the support of the Almighty Allah," stated Arsalan.

About the over all experience Arsalan shares, "My experience was fabulous and great which gave me a lot of confidence especially for the international competition. It gave me a lot of practice for different international tests such as SAT, TOEFL. In the beginning the competition felt more like the school competitions so I did not work that hard but once I was qualified for the national level I gave a lot of priority to the competition to win it. However, I also had

to manage my time for school studies, family or social commitments and other sports activities in order to get some time out for the competition. Most of all I have always given priority to Allah, respected my parents and elders which I think was a great contributing factor to win the competition."

"I think these competitions are very important for a student's life if he/she has participated them from the school itself because it gives you the knowledge for the students abroad of your age and makes a student more professional in his university and future life," added Arsalan.

Light Symbol of Hope

Al Ain Times News:

A public and community participation was seen in Al Ain at LuLu hypermarket kuwaitat where Earth Hour was celebrated with enthusiasm. The aim to celebrate the event at their place according to one of the officials of LuLu Hyper Market Kuwaitat is to aware people of the Earth Hour- the energy saving hour being celebrated around the globe with the aim of consuming less energy and saving it for the next generation. The lights were switched off for 1 hour and candles were used to enlighten the ambience and bring in attention the public.

The more the people get aware the

more they would come up with ideas and ways to save energy in the best possible way.

Abu Dhabi Municipality Departments, General Headquarters of Police, Abu Dhabi and Al Ain Airports, Etihad Airways and oil companies led the way in the emirate taking part in the event.

The strongest and most effective call to observe the Earth Hour came in Friday prayer sermons across the



country calling people to turn their home and business facilities' lights off for an hour on Saturday, which resulted in a small fraction of the society heeding to the call. Various departments at the Abu Dhabi Municipality also made a similar call through the media.

Emirati woman makes it to South Pole in 20 days

Al Ain Times News :

Emirati woman Dana Al Hamadi, who made it to the South Pole in 20 days, has paid rich tribute to Shaikh Sultan bin Zayed Al Nahyan, representative of the President and Chairman of the Emirates Heritage Club, for his kind sponsorship. A 37-year-old mother of five became the first Emirati woman to explore Antarctica as part of the annual 2041 Expedition founded by polar explorer and environmentalist Robert Swan.

In a statement to the Press after returning home, she said the support given to her by Sheikh Sultan had achieved the wish of

all citizens of the country - raising high the picture of the President, His highness Sheikh Khalifa bin Zayed Al Nahyan, and hoisting the UAE flag on the South Pole.

She cast light on the journey saying she and other globetrotters had crossed most dangerous seas in the world with high waves and turbulent water. The participants had also watched the wildlife and the sea animals such as the dolphins, whales and penguins, and the melting of icebergs, which adversely affect many parts of the world.



Ketty Laurent- With the French look!

Al Ain Times News / Mehak Alam:

Born to a French Caribbean family on the Guadeloupe island – the island of diverse cultures and races, Ketty Laurent has been traveling around the globe from completing her studies in Paris, to catering her services as a linguistic teacher and a television presenter in Japan and now serving the Arab society through Alliance Francaise in Al - she is one woman who surely inspires the young female generations.

Ketty Laurent, who works at UAE University as a French lecturer in the morning and runs the Alliance Francaise in the evening, possesses high aims for serving the society in one or the other better way.

As a woman she is one charming soul that inspires you with all what she speaks out. The challenges she's facing as the Director of Alliance Francaise- The French Cultural centre in Al Ain; and settling down in the whole new society of the Arab world has made her an optimistic person.

She strongly believes in the fact that "Women are good at multi-tasking" and says that, "Women run the household, work place and the society at a time in a better way."

And one can truly see it in her- she is good at handling

different sort of chores, being a wife, a mother, a lecturer and even as a social worker- Ketty Laurent is doing wonders all around. Her views stalwartly contradict with those usually rumored in the business world or more frankly speaking the "World of Men"- she believes that women are brilliant in handling all kinds of work and have proven to be the best managers in organizations around the world.

While speaking on her observations on both the French and Arab society – she explained the similarities and differences she has been experiencing. According to her the both Arabs and French people have been serving the humanity in one way or the other- for instance the Arabs have contributed in the fields of mathematics, numerology and astronomy where as the French people have given the world some of the best scholars, philosophers, artists and writers- all these intellectual people from both the societies have in short contributed in building and shaping the world.

Talking about the Arab women she says that, "Arab women are of same sort of women she has been meeting all through her life while traveling to different parts of the world."



She believes that, Beyond the veil they too are the girls like the expatriates seen around- with same sort of talent within and smile on their faces to cheer up the world.

While talking about her views on Life in Al Ain Ms. Ketty finds it a bit difficult in the beginning as she thinks it takes time to settle down with the peaceful and calm life of Al Ain and to get to know the people especially the locals- Emarati people. She is in search of being friends with the local people who can introduce her to the culture and heritage of Emarat which can help her to cater services in a more targeted way.

Her optimistic nature and the will to work hard and never think of failure has made her what she is today- Ketty Laurent, in short is one woman who clearly depicts the woman of today!

Heal the heels!

Al Ain Times News:

Cracked heels are a sign of lack of attention to foot care rather than just overexposure or lack of moisturizing. Medically, cracked heels are also known as heel fissures. Fissures are regular linear cut wounds and mostly affect the surface level which comprises of the epidermis. Sometimes it may get deep into the dermis and become painful. Excessive pressure on the feet pads make the feet want to expand sideways. As the skin, surrounding the sides of the feet are dry they crack and cause cracked heels.

Now here we bring in some handy tips to help you in healing your cracked heels and fly once again.

-Apply any shortening or hydrogenated vegetable oil after washing the feet clean on dry and cracked areas of the feet. After applying a thick coat of shortening on the feet, wear a pair of thick socks. Leaving this application overnight can

surely provide positive results in few days.

-Add half an avocado or the flesh of half a coconut to a blender along with the banana to form a thick and creamy paste. Avocados and coconuts are rich in several essential oils and fat soluble vitamins. This paste will help to provide your skin with the vitamins and oils it requires to stay soft and well moisturized. This paste can be used to treat as well as prevent dry cracked heels.

-A regular application of a mixture of glycerin and rosewater is known to soothe and cure cracked heels.

-By mixing together a spoon of olive oil along with a few drops of lemon oil or lavender oil make a moisturizing cream. Pour this blend of oils into a small bottle and add an equal amount of water to it. Shake the contents thoroughly so that the water and oil form a thick milky solution. Use this homemade



remedy for dry cracked heels as and when it is needed.

In addition to all this- do keep feet clean and dirt free, moisturize and exfoliate the feet whenever possible, avoid walking bare feet as much as possible and Soak your feet in warm water at least once a week as this will help to increase blood circulation to your feet. You can add a spoon of fresh mint leaf juice to the water for relief from dry cracked heels.

My Fashion Statement!

Bella's Belly - Belt !

Al Ain Times News:

This one is for sure one of the must buy and have accessories for women of all ages.

Fashion belts are the perfect accessories for the last finishing touch! Women belts can instantly transform shapeless dresses and tops into chic and up-to-date outfits with gorgeous waist lines.

Depending upon your body stature and the ones that click your eyes- have a sneaky peek into a variety of belts available in the market that can give you the glamorous touch and are affordable by the pockets too.

Belts are just awesome to wear when you want to change the look and feel of your clothes. Take a plain and boring tank dress -- a scarf could easily spruce it up but a belt will add turn into an amazing chic outfit. Not to mention that a belt works as a quick fix when you want to make too-big shirts less boxy.



Two of the most popular fashion belts are skinny belts and wide belts. A wide belt creates a dramatic but fashion-forward look while skinny belts are ideal with a suit or a pair of slacks, but you can also wear it with a casual outfit by wrapping it around your waist. I believe that every woman should have at least one of each type - the wide belt for parties and casual everyday wear and a skinny for work.



Vintage Belts:

Wearing a vintage belt will be good for those women who are slightly on the thinner side of the weight scale as this belt along with a classy and Italiano touch gives you the shape of an hour glass- so in case you're a bit healthy don't go for these.



Studded Belts:

Now parties can't go without the sparkling studs but then you can't invest a lot of amount on these as the moment on stud falls the whole design of the belt gets destroyed. These can add in glamour and style to your one colored party wear- like black for instance and always go for the original colors like Silver, Golden and White and Bronze don't mess the charming look of yours by wearing studded but colorful belts that can ruin the party wear.



Now Whenever you pass store then instead of grabbing belts just because they are in store these season – have patience and go for something that can add beauty and sophistication to your personality.

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Multiple sclerosis

Dr. Nagy Moussa- head Of Neurology Department in Al Ain Hospital inform us in detail about Multiple Sclerosis

Al Ain Times News:

Multiple sclerosis, (MS), is an inflammatory disease of the central nervous system, which is the brain and the spinal cord, it affect mainly the white matter where the axons are, the axons function is to transmit the impulses to the peripheral nerves and the muscles, and from the skin, in case of sensation, to the brain, these axons are covered by myelin which help in the fast conduction of impulses along the axons, in MS the inflammatory process affect and destroy the myelin cover of these axons hence resulting in slowing of conduction and symptoms appears depending on which parts of the brain is affected, i.e. motor part will result in weakness on one side, sensory, or vision etc.

The disease tend to remit and then relapses again, then the disease becomes progressive with scarring plaques and brain atrophy, hence the name multiple sclerosis. MS remain the main cause of physical disability in young adults.

The cause of Multiple Sclerosis are still unknown but thought to be due to a genetic predisposition and environmental factor, it tend to affect young women 2-3 times more than men, due to genetic predisposition, also more common in the northern hemisphere Scotland, Scandinavian, but also in the middle east, less common in Africa and Asia.

Symptoms of MS- are usually temporary for 2-3 weeks

which is called an attack or a relapse, these include problem with vision in one eye, patient develop reduced vision in one eye, or poor color vision, double vision, motor symptoms, weakness in one or both legs, or weakness in one hand, or disturbance of balance and coordination, tingling and numbness in one limb or hand, a characteristic symptom is electric shock like feeling down the back and legs with bending of the head, fatigue is common symptoms in patients with MS

The norm that it usually affects the young females is most probably because it is related to a genetic predisposition with a specific gene which is more in females and passes

more to female offspring.

However, Vitamin D deficiency does not cause MS but it was noticed that 60- 70 % of patient with MS will have low level of Vitamin D and the correction of Vitamin D deficiency is protective from relapses, so it is advisable for MS patients to have their Vitamin D level assessed and corrected. MS is not hereditary but there is a genetic link, the lifetime risk of MS in white northern Europeans is 0.3%, this increases to 25% for an identical twin of an MS patient, 5% for other siblings, 2% for a child, and 1% in second or third degree relatives.

About diagnosis - there is no single test to diagnose MS, it is the clinical symptoms

Normal spinal cord



Areas of plaque surround the spinal cord

and signs, the MRI which is a special imaging called magnetic resonance available in all major hospitals, and special electro diagnostic test, and special test from the spinal fluid.

There are many medications available to reduce the

progression and recurrence of the disease these are called disease modifying drugs, but no cure is yet available. MS has no relation to heart attacks.

Public awareness is important as well as support group for patients suffering from this ailment.

Capital plans to have clinical waste incinerator plant by mid-2013

Al Ain Times News:

Abu Dhabi will have its first clinical waste incinerator plant by mid-2013 and the emirate will open its used tyre recycling plant by July this year in Al Ain, said Majed Ali Al Mansoori, managing director of the Centre of Waste Management (CWM) and Chairman of the Department of Municipal Affairs in Abu Dhabi.

"We are in contractual discussions with the parties concerned," said Al Mansoori with regard to the clinical waste incinerator for Abu

Dhabi. "We will finalize its procedures and are going to sign an agreement within a week," he added.

On the sidelines of the inauguration ceremony of four waste treatment facilities in Al Ain, Al Mansoori said, the major concern is that debris occupies a large area of land. "We would collect these wastes from deserts and convert it to reusable materials. According to the CWM, the Abu Dhabi has lost nearly 1,800 hectares of land to landfills. "We are



in the process of upgrading the number of projects in the Capital that could deal with hazardous waste," Al Mansoori said.

UAE with high percentage of blood disorders

Al Ain Times News:

Around 40 percent of the UAE population is anemic and thalassemia is the top most blood disorder in the country, health experts said at the first Emirates Hematology Conference.

His Highness Sheikh Mansoor Bin Mohammed Bin Rashid Al Maktoum, last week, inaugurated, the first Emirates Hematology Conference at the Monarch Hotel, Dubai.

Anemia is a condition in which the body experiences qualitative or quantitative deficiency of hemoglobin. Hemoglobin is the protein molecule in red blood cells, responsible for carrying



oxygen, from the lungs to the rest of the body. Thus, anemia results in the lack of oxygen in the various organs. There are three main causes that result in anemia in an individual. These include excessive blood loss, excessive blood cell destruction

and deficient red blood cell production. Iron deficiency is also attributed to a major cause of anemia. A common disorder of the blood, anemia can be fatal, if left untreated for a long time.

40% off on 67 medicine prices- MoH

Al Ain Times News:

Prices of 67 drugs have been reduced by up to 40 per cent, the Ministry of Health announced on 29th March 2011.

Medicines for treating blood pressure, cholesterol, a number of mental illnesses and antibiotics will be available for 5 to 10 per cent reduced prices in the market by July.

Popular cholesterol-lowering drug Lipitor will now be available for AED285 instead of AED356. "The UAE has opened new horizons for partnerships between both public and private sectors and consolidates legislations that guarantee successful investment in the healthcare field," said Minister of Health

Dr. Hanif Hassan at the inauguration.

Dr. Salem Al Darmaki, Acting Undersecretary at the ministry, stated that the ministry's strategy aims at raising the standards of medical and treatment services with reasonable costs for all.

Prices of 209 new medicines registered with the ministry over the past six months have already been reduced. A total of 8,503 drugs are registered with the ministry. According to the ministry's new system to reduce prices, reduction in the customs insurance freight (CIF) charges are proposed instead of further cuts being levied on agents and pharmacies. At present,



pharmacies are earning only six per cent profits after losing out 10 per cent commission to insurance companies.

Commenting on its regional office here, David Simmons, Pfizer Emerging Markets and Established Products president, said, "This facility will perform two important functions for Pfizer in this region — as the UAE office and as a central headquarters for all our operations in the Middle East and across the African continent."

FREE IMAN!

A call from 500,000 petitioners

New Libya News:

Last Saturday, a young woman lawyer named Iman al-Obeidi burst into a Tripoli hotel and pleaded with foreign journalists for help, showing bruises and crying that she had just been gang-raped by 15 of Qaddafi's men. She screamed as she was dragged away by Libyan agents and has not been seen since.

In the time of writing this report, more than 443,592 pleaded to pass the resolution for a no-fly zone to release Ms. Iman Al-Obeidi .

"Al Ain Times News has supported and helped in spreading awareness around the world to support the call-out"- stated Ramadan Ben Amer, Managing Editor of Al Ain times News.

www.NewLibyaNews.com





Al Ain Times News:

Al Ain Times News is gratified at organizing a charity event for the cancer patients in Al Ain in association with Angels Of Mercy- a non-governmental organization (NGO) that works and supports the cancer patients.

This charity event is sponsored in part by:

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Interested contributors can contact us at alaintimespress@gmail.com.

The event is a good cause event and we would be glad by your presence and time that you will invest in supporting us to bring a smile on their faces.

The event will take place at LuLu Hyper Kuwaitat-Al Ain. on 16th April at 6:00 P.M.

UAE-based woman adventurer honored

Al Ain Times News:

UAE based Pakistani woman, Namira Salim, became the first female resident in the UAE and first Pakistani woman to hoist the flags of both the countries at the North and South Poles, was awarded with Tamgha-i-Imtiaz (Medal of Excellence) by Asif Ali Zardari, President of the Islamic Republic of Pakistan, for her accomplishments in the area of sports.



The investiture took place in Islamabad during a ceremony on Pakistan Day on March 23 at the Presidential Palace. Namira Salim is the first UAE-based and first Pakistani founder astronaut of Sir Richard Branson's Virgin Galactic and

was the first UAE female and first Asian to have skydived (tandem) from above Mount Everest at 29,500 feet.

Being Stylish is fun- Galeries Lafayette

Al Ain Times News:

Galeries Lafayette, the region's most stylish department store, has just celebrated the success of its Parislicious Fashion Show, which was held at Dubai Mall's Fashion Alley in front of a delighted audience made up of 200 VIPs, fashionistas and entertainment connoisseurs.

The 25-minute show, held on March 31st 2011, covered three fabulous themes, with brands ranging from Balmais, Reiss, Karen Millen, Versace, Manoush, Manish Arona, Celyn B., Avant Premiere, Lacoste, Smalto and Baldinini; which featured items from Galeries Lafayette's delectable Spring/Summer 2011 collections. What's more, visitors were also treated to a peek at Emirati designer

Lamya Abdein's highly-lauded line throughout the show.

To begin with, one of the shop windows on Fashion Alley was transformed into a Live Window, where passers-by and show guests could view Parislicious models having the final touches put to their hair and their makeup applied. This inventive, behind-the-scenes display created the kind of vibrant and energetic buzz that showed visitors that they were in for something truly special

With the Parislicious fashion show, Galeries Lafayette succeeded to be the region's most stylish department store, bringing a little bit of Paris to the fashion avenues of Dubai, while supremely entertaining show goers in the process.



What's Up?!

Turn it off- Turn it on

@ Al Ain Mall
6th April-24th April
All Day Long

Friday Souq

@ Al Jimi Mall
4th April-2011
5:00 PM - 8:00 PM

Brunch & Kids Activities

@Arabesque- Danat
Al Ain Resort
Starting 1st April-2011
Every Friday

Trader Vic's 75th anniversary

@Trader Vic's-Al Ain Rotana
7th April- 2011
Starting 8:00 PM

مهرجان التراث والثقافة

من 4 ابريل و لغاية 18 ابريل 2011
المكان : المشاركة

مهرجان التراث والثقافة و التسوق

من 31 مارس و لغاية 16 ابريل 2011
المكان : القرية التراثية - بدع بنت سعود

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WOMAD 2011 ensures to entertain with Musical Madness

Al Ain Times News:

The high energy performances got everyone moving madly at the 2010 WOMAD- in Abu Dhabi and Al Ain. And yet again the beauty of WOMAD-2011 is back with some unexpected musical madness.

WOMAD on the Abu Dhabi Corniche 7-9 April 2011

On Thursday 7th, Friday 8th and Saturday 9th April from 7pm onwards the Corniche, a beautiful beach in the centre of Abu Dhabi, will be the setting for the free festival. Artists will be performing to an international audience throughout the night. Workshops and Taste The World will also feature at this festival.

WOMAD at Al Ain, Al Jahili Fort 7 & 8 April 2011

The second event will take place a little way out of the city at the beautiful ancient Al Ain, Al Jahili Fort on Thursday 7th April and Friday 8th April only. It too will start at 7pm and carry on through the night.

Artists confirmed to perform on the 7th of April 2011 at Al Ain Jahili Fort are:

-Hindi Zahra (France/Morocco)

-Tarab Al Emarat (UAE)

-Toumani Diabate (Mali)

-El Tanbura (Egypt)

-Muntu Valdo (Cameroon)

-Aurelio & The Garifuna Soul Band (Honduras)

Workshops on April 7th 2011: Ripton Lindsay (Jamaica).

Artists confirmed to perform on the 8th of April 2011 at Al Ain Jahili are:

-Sain Zahoor (Pakistan)

-Baaba Maal (Senegal)

-Khaira Arby (Mali)

-Khyam Allami & Andrea Piccioni (Iraq/UK/Italy)

-The Dhol Foundation (India/UK)

Workshops on April 8th 2011: Ripton Lindsay (Jamaica).



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