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UAE UNIVERSITY UNVEILS NEW CAMPUS PLANS

- Al Ain Times



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The UAE University has unveiled plans for its new centralized university campus, scheduled to be completed in three phases, the last by January 2010. Costing an estimated Dhs 1,7 billion, "the new 300 000 m² University Town will see a single site campus that incorporates academic, recreational, research and many other state of the art facilities that will be able to cater to 17 000 – 20 000 students," said UAEU Secretary-General, Dr. Fatima Al-Shamsi. Speaking at an open University Forum recently, Al-Shamsi and senior advisors on the project provided an important informational overview of the new university campus, its facilities, services management and anticipated move timeline.

A MODERN, STREAMLINED APPROACH

As the person primarily responsible for managing the finance, administrative and campus facility functions, it is the responsibility of the University's Secretary-General and her team to create and maintain a campus environment that fosters student learning and promotes staff professional growth.

Looking at the plans for the new campus with its new facilities, covered walkways and progressive designs, one is left with little doubt that this will leave students, faculty and staff inspired and motivated.

"At the moment, the UAE University operates from 23 different campuses spread throughout the city of Al Ain. This is a nightmare from a logistical point of view and so far as servicing and maintenance is concerned", Al-Shamsi says. "We incur unnecessary expenses by not having all the campuses centralized and it makes it difficult for faculty members who have to teach at

the various different locations," she says. "This dream has long been in the making and we are both proud and excited to see it become a reality."

CONSTRUCTION STAGES

Building operations for the new campus that will be located near Tawam (where the existing Maqam Girl's Campus is currently situated) are already in full swing. The recently completed IT College on this site forms the first part of the vision being fulfilled. Constructing the rest of the new campus has been divided into three stages, with several phases making up every stage," Al-Shamsi explained.

The first stage will see the building of the female residency hostels (currently being constructed), followed by the building of the female academic facilities (scheduled for completion when the new academic year starts in 2008), the Crescent Building, the new Zayed Central Library and a 2000 seat auditorium or "Great Hall".

ORIGINS OF THE DREAM

Since the very beginning, His Highness Sheikh Zayed and after him His Highness Sheikh Khalifa were both driving forces and supporters of building a new campus for the nation's leading university. His Highness Sheikh Mohammed bin

Rashid Al Maktoum has been echoing this support through the emphasis he is placing on education and a drive to establish a world class higher education facility here in Al Ain.

In speaking to Dr. Ahmed Al-Mutawa (Associate Director and Chief Officer of the main campus & college of IT project) and Mohamed Abdulla Al Owain, Director of Campus Development Department and both of them project managers responsible for the master plan, design and execution (construction) phases, it was interesting to learn that the planning for the new campus dates back to as early as 1983.

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New Mall to Replace AACS

- Ola Salem

A new shopping mall shall replace the old buildings of the main branch of Al Ain Cooperative Society (AACS) in

the downtown area.

According to AACS Chariman, Suhail Hammad bin Rakkad,

the new mall will be a seven-story building costing Dh50 million. The project will also include commercial offices for

AACS administration.

"Construction work will begin in January 2008" he confirmed.

WHAT'S NEW

Oasis Hospital in Al Ain Achieves Joint Commission International Accreditation

- Monique Holtzhausen

Our very own Oasis Hospital has become the first non-government hospital in the emirate of Abu Dhabi to receive Joint Commission International Accreditation. Making this announcement at an Iftar buffet hosted by the hospital at the Rotana Hotel in Al Ain on Thursday evening, President and CEO of Oasis Hospital, David Printy said that Oasis has once again proven that they continue to lead the way in private healthcare in the Abu Dhabi region by successfully fulfilling the stringent requirements for Joint Commission International (JCI)

accreditation.

JCI is the coveted international standard of accreditation to which all hospitals in the UAE are now expected to attain. JCI was recently appointed by Dubai Healthcare City (DHCC) to accredit hospitals operating within DHCC. "The accreditation process normally takes from 18 to 24 months from the beginning of preparations until the actual site visit by a JCI survey team. The process itself provides standardized systems and practices that continue to improve the quality of patient care while also setting

international standards for benchmarking," Printy explains.

Oasis is the first hospital without a hospital food program to get the accreditation. In order to maintain their accreditation, Oasis Hospital will undergo JCI surveys every 3 years. Says Printy: "The mission of Oasis Hospital has always been to provide safe, quality care in an atmosphere of love, respect and care for our patient's whole being – body, soul and spirit. The recent achievement of JCI accreditation underpins our commitment to continue our commitment to the high

standards of care and safety expected by the people of today's UAE.

"It is our desire to provide quality services that see our values and vision lived out in reality. By combining modern healthcare technology with skilled and experienced staff who care and show the compassion of the One we serve, we believe we can render services that make us the hospital of choice in the region. We will continue to deliver services that respect the cultural heritage and traditions of this country that values community and family," Printy says.

BACKGROUND INFORMATION ON JCI

"The mission of Joint Commission International is to continuously improve the safety and quality of care in the international community through the provision of education and consultation services and international accreditation. Joint Commission International (JCI) is a division of Joint Commission Resources (JCR), the subsidiary of The Joint Commission. For more than 50 years, The Joint Commission and its predecessor organization have been dedicated to improving the quality and safety of health care services. Today the largest accreditor of health care organizations in the United States, the Joint Commission surveys nearly 20,000 health care programs through a voluntary accreditation process. The Joint Commission and its subsidiary are both not-for-profit corporations."

BACKGROUND INFORMATION ON OASIS HOSPITAL

Oasis Hospital, located in the city of Al Ain, has been caring for the people of the Al Ain and Abu Dhabi communities since 1960. At that time, before the modernization of the UAE, the late visionary Sheik Zayed bin Sultan Al Nahyan and his brother, the late Sheik Shakhbout, understood the need for modern medical care for their people. Therefore they invited a small team of doctors and nurses to open the Oasis Hospital, which became the first hospital in the entire Abu Dhabi region.

Abu Dhabi designs urban growth

- Lucky Mae F. Quilao

The Abu Dhabi Government has revealed its plans for the city till the next quarter of the century.

The Plan Abu Dhabi 2030: Urban Structure Framework Plan details the urban planning policies schemed for the 'continued fulfillment of the grand design envisaged by the late Sheikh Zayed bin Sultan Al Nahyan' who wanted Abu Dhabi transformed into a global capital city. His Highness Sheikh Khalifa bin Zayed Al Nahyan, President of the UAE and Ruler of Abu Dhabi is fulfilling this vision by creating the Urban Planning Council (UPC) intended to oversee the implementation of the plan and work its development.

Headed by His Highness Sheikh Mohamed bin Zayed Al Nahyan, Crown Prince of Abu Dhabi, Chairman of the Executive Council

and Deputy Supreme Commander of the UAE Armed Forces, the UPC will be manned by His Excellencies Khaldoon Al Mubarak, Chairman of the Executive Affairs Authority; Mohamed Al Bowardi, Secretary General of the Executive Council; Dr. Jou'an Salem Al Dhaheiri, Chairman of the Department of Municipalities and Agriculture; Abdullah Rashid Al Otaiba, Chairman of the Department of Transport; Sheikh Sultan bin Tahnoon Al Nahyan, Chairman of the Abu Dhabi Tourism Authority; Nasser Al Sowaidi, Chairman of the Department of Planning and Economy; and Majid Al Mansoori, Secretary General of the Environment Agency - Abu Dhabi.

"This urban plan provides a strong and comprehensive foundation for the development of the city of

Abu Dhabi, in a strategic and coordinated way. It will ensure that future generations will continue to enjoy and be inspired by ongoing access to the desert, sea and natural assets that are integral to our national identity, while building a global capital with its own rich cultural heritage," said Sheikh Al Nahyan.

The Plan Abu Dhabi 2030: Urban Structure Framework Plan was developed by an international urban planning taskforce involving urban planning and community development experts. It has specified land uses, building heights and transportation plans for the metropolis through ten individual policy statements. The plan has also allotted large areas for housing for Emiratis and housing options for all the city's citizens and residents, which could swell to three million 33 years from now.

ABDUSSAMAD SAMADANI – 28TH September at Al Ain Municipality Hall

- Al Ain Times

Versatile Orator, Ex-Member of Parliament and Scholar, Mr. Abdussamad Samadani had attracted a large gathering during his series of lectures under the the General Authority of Islamic Affairs and Endowments, Abu Dhabi. It was his 18th Annual Speech.

Mr. Samadani had spoken 4-5 hours in the venue Al Ain Municipality Hall on 28th September. The venue and its surrounding areas were not sufficient to accommodate the gathering.

Function was inaugurated by Mr. Youssafali, Member, Director Board, Abu Dhabi Chamber of Commerce.

Samadani's Annual Speeches are very popular and were attracted by many thousands of people in the past back home in Kerala. His annual speech started in his home village, Kottakkal

and the venues were later in the years moved to Calicut Stadium Ground, Calicut Swapna Nagari and finally to the vast Beach Area of Calicut as the venues were not accommodating the large gatherings. This was the first time that the Annual Speech was conducted in a foreign country.

The focal point of his speech is the Sunnah of Holy Prophet Muhammad (PBH) and the solution of contemporary issues with the sunnah of noble Prophet (PBH). His speech also highlights the human respect of Islam. He urged the audience to return to Holy Quran and Sunnah of the Great Prophet Muhammad (PBUH)

Mr. Samadani started his speech with prayers for the late HH Sheikh Zayed Bin Sulthan Al Nahyan and highlighting the contributions of the UAE President and the Prime minister of the UAE. Mr.

Samadani said that the Indo – Arab Relationship is very old and have blended both cultures. He also under lined that while all foreigners invaded India in the past, Arabs were the only exception, who came for pure trade and cultural give and take. Samadani also commented on a lot of social issues He also commented that the parental relationship is vanishing and the parents are driven out from homes. He emphasized that the society should go back to family relationship and care is to be given for parents at their old age. He quoted from the Hadith of Holy prophet upholding the values of parents in Islam.

The audience got an opportunity to hear a speech which is filled with verses from Holy Quran, Sayings of Holy Prophet (PBUH), Urdu couplets, and quotes in Sanskrit and Arabic.

WHAT'S NEW

ADTA holds workshop for German tourists

- Lucky Mae F. Quilao

For three consecutive days, the Abu Dhabi Tourism Authority (ADTA) hosted programmed field tours in and around the city including Al Ain to the representatives of some 45 tourism and travel companies from Germany such as the Arabian Adventure, Starwoods, and Miere's Weltreisen. It aimed to provide the participants with first-hand experience on the emirate's attractions as well as on the tourism projects that are still underway. "The workshop has been devised to further strengthen the existing strong ties ADTA and its operation centers have with companies outside the country, especially in Germany. This will in turn provide the information necessary

to enhance the numbers of tourist reservations and arrivals to Abu Dhabi from Germany, a major European market for Abu Dhabi," said Ahmed Hussein, Deputy Director General of the Tourism Operations of ADTA. About 7.2% increase on tourist arrivals from Germany was recorded during the first half of the year compared to the same period in 2006. "Abu Dhabi has recently become a focal point for German tourists as a leading destination, offering luxury and tranquility. Uniquely combining modern lifestyles with heritage and culture, Abu Dhabi is best positioned to offer tourists high quality services and unrivalled experience of the Magical Orient and enchanting

desert. The ADTA workshop provides a platform to showcase Abu Dhabi tourism product to key stakeholders and decision makers in Germany's tourism sector," said Martina Bossert, Sales Manager of the ADTA Representative Office in Frankfurt.

Germany has maintained diplomatic relations with the UAE since 1972, and a strategic partnership since April 2004. While it is the country's key market in the tourism sector, Germany is also benefiting from its leading economic partner in the Arab world, as important as Hong Kong and Singapore. There are 500 German companies in the UAE, some 150 of which are in Abu Dhabi.

PINKY'S SALE DRAWS THE CROWDS

Residents of Al Ain were recently treated to the fourth "Pinky's Sale", hosted by Dominique Corr. As somebody who has an eye for all things

beautiful, Dominique opens her home in Tawam three times per year to furniture craftsmen, carpet sellers, jewelry designers and even coffee

merchants drawn from as far afield as Sharjah to display their products to an appreciative, local audience



Saeed Mohammed Saeed from Nashwan Carpets in the Blue Souq, Rebecca Adrian - Rebecca Adrian Jewelry, Dominique Corr - Hostess, Sue Opitz - Visiting from South Africa, Walid Khalid from Sharjah

Subscription and distribution request:

This book has an important peaceful goal: to be used as a useful tool as I mentioned earlier and to invite a respectful Communication for a deeper understanding of Islam and cooperation among people; Therefore the reader is encouraged to participate in this noble cause by ordering yearly a number of copies and distributing them among Muslims and non-Muslims. Based on this plan a subscriber can order, for example 52 copies per year and distribute them on his/her behalf or on behalf of a deceased relative among Muslims and non-Muslims, he/she can also give books as gifts to libraries, MSA chapters, Masajids, churches, media, prisons, government officials, neighbors, co-worker, etc. a subscription of 12 copies per year means that the subscriber is making a commitment if he/she can to distribute one copy per month to somebody he/she knows. This is a noble contribution and will be rewarded by our creator. Below are the payment options:

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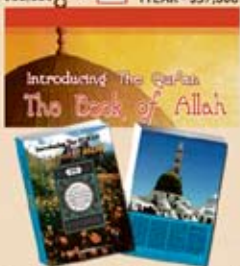
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 I authorize Mukhtar K. Ahmed and my bank to withdraw from my account the amount I have checked. I understand that I may end this agreement at any time without any obligation.

Authorizing Signature: _____ Date: _____

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Abu Dhabi, Dubai students encourage to become leaders

- Lucky Mae F. Quilao

A student organization has recently invited the 'most proactive' students in the UAE to participate in the 9,000 leadership opportunities and international youth conferences such as the Global Internship Program they offer. Students will also have a chance to work and live abroad for two months while they are developing their skills and working on projects related to Entrepreneurship and Energy, among others. "We are looking for the most proactive, most willing to develop students, who want to discover their potential and develop leadership skills while in university. The platform of AIESEC will give those students plenty of opportunities to develop in a dynamic team environment, to discover what their strengths are,

to communicate with peers across the world and to learn through experience," said Stella Grancheva, President of AIESEC in the UAE. Some 60 students will be selected to become members of the student organization, while some 20 more students will go on a short-term professional internship abroad in February and June 2008. Interested students can apply on the AIESEC (Association Internationale des Etudiants en Sciences Economiques et Commerciales or the International Association of Students in Economics and Business Management) website for UAE. The AIESEC is present in 1100 universities across the globe and has 23,000 members.



The Al Ain Rotana Hotel recently hosted an Iftar buffet for local journalists and media role players.

Al Buloushi the ideal student of 2006-2007

The higher college of Technology High Honored the Student Abdullah Darweesh Al Buloushi as the ideal student of the 2006- 2007 academic year.

The student exhibited exceptional performance and excellent attendance throughout the semester. Abdullah is a student of electrical engineering.

WHAT'S NEW

UAE UNIVERSITY UNVEILS NEW CAMPUS PLANS

"Many of the buildings and facilities currently being used by the UAE University are almost 30 years old. We have now reached the point where it has become of vital importance to invest in our infrastructure", Al Owain says.

LAYOUT AND DESIGN

In order to learn from "best practice" university and college designs throughout the world, a special UAEU task team and advisors visited countries such as Australia and the United States of America. "This allowed us to come up with many new ideas, but also with a clear understanding of what work and what doesn't work as far as design and layout is concerned. We also hired top experts and consultants to help us design a new campus that will meet the needs of our students and staff for many years to come."

NEW CAMPUS HIGHLIGHTS

The campus will be segregated and divided into a male and female campus. Although they will not be mirror images of each other, both sections have been planned and designed with the unique needs of their students in mind. "For example, the proximity of the buildings on the female side is much closer than the buildings on the male side, giving them a shorter distance to walk between classes. It is also a complete "pedestrian campus" with under cover, shaded walkways linking the different colleges and residences. No car or bus will be allowed on the campus beyond the shaded parking areas and designated driveways," Al Owain explains. Numerous cafeterias for students will be scattered all over the campus, with a special cafeteria facility

being planned for faculty and staff at the Crescent Building.

Both male and female students can look forward to state of the art sporting facilities (indoor for the females), and shared laboratories. "One of the areas where the biggest financial investment will be made is in the building of laboratories," Al-Owain says. Because it is very difficult to have these laboratories duplicated for male and female students, the decision was taken to build "time-share laboratories".

Faculty members can also look forward to new work areas. Says Al-Owain: "Whilst the designers have advised us to stick with the open-plan work stations that are in keeping with modern trends throughout the world, we have included new "break away rooms" that are completely private and sound-proof.

These meeting rooms can be scheduled and used whenever a more private meeting facility is required."

Technology will play a major role in the new infrastructure. From the totally wireless environment to the centralised cooling system, the entire campus will integrate the latest and the best in technological developments.

FUNDS AND FINANCING

Apart from the unique design and modern layout of the new campus, the way in which it the project is being financed also makes it unique. "A tri-partheid partnership has been formed between the UAE University, the private developers (Mubadala) and the government of Abu Dhabi for the financing of the new campus," Al Owain explains. "The financing of this project has been

divided into a "soft loan" which is a governmental loan and a "hard loan" which is a banking loan.

DISRUPTION FOR AL AIN RESIDENTS?

For Al Ain residents who might be concerned about how the planned construction will affect their lives, driving patterns and traffic flow, the developers have given us a firm undertaking that they are working in close consultation with the Al Ain municipality to ensure that residents will not be disturbed. "The biggest amount of inconvenience they will have due to the building process or closed lanes is

going on right now on the Al Ain-Abu Dhabi road where we are building a bridge for the main student entrance to the new campus," Al-Owain says.

A website dedicated to the report on the progress of the construction and move to the new campus is being planned. "This will give us a vehicle to post answers to frequently asked questions and any concerns that may arise," concludes Al-Shamsi. "We are going to need everybody's help and involvement to make this next phase in the University's history a milestone and a truly memorable event".

TIME LINE:

September 2007	- College of Information Technology (CIT) opens
September 2007 - May 2008	Plan and organize relocation Plan and organize operation
September 2008	- Stage 1: Female Hostels Female Academic Facilities Shared Laboratories
January 2009	- Stage 2: Crescent Building Library
January 2010	- Male academics, sports / recreational and dining facilities completed.

Al Ain Womens College

-Ekram Youssef

The Al Ain Women's College launched charity activities during the holy month of Ramadan in cooperation with the Red Crescent, Al Ain Branch. Students and staff are invited to aid the children

of Lebanon and Iraq. The Student Ambassadors, The Student Council and members of the Alumnae Association will be involved in raising funds, sell flowers and collecting donations in specially

marked cans. In addition, gifts will be presented after Eid Al Fitr to the cancer patients of Tawam Hospital on Thursday, 25th of October.

ADU expands library

- Lucky Mae F. Quilao

Just in time for the new academic year, the campus library of the Abu Dhabi University (ADU) has added online research services such as e-books and e-journals not only for its students but also for everyone in the community.

"ADU's Khalifa City Campus Library is a well-equipped, modern, spacious new library with state of the art computer/internet facilities geared toward providing the most efficient library services to its students, faculty members, researchers and visitors... The same is also true for our Al Ain campus library. The newly added internationally renowned electronic resources puts ADU's library on par with internationally accredited American and European university

libraries," said Dick E. Orense, Head of the ADU Library. Among of the features is the Emerald EMX 95. It includes the Emerald Management Review, which consists of around 300 international management journals abstracts, easing research time and effort. Every business administration student using the online database has a perpetual right to access full texts

covering at least 10 years of back files. Through the direct cooperation of the UK-based Emerald Publishing, materials that are not yet on the bookstore shelves can also be accessed with the 'online early' and 'no embargo' parameters. The Oxford reference online premium collection with over one million entries across 25 subject areas is also available.



Al Ain English Speaking School

AAESS require a Nursery school teacher, applicants should be native English speakers, have a minimum of 2 years experience teaching in a nursery environment

and have the requisite nursery teaching qualification. Please send applications to aking@aaess.sch.ae. Closing date for application October 2007.

Restaurant Review, Dine with History at the Aladdin

Some of the most enterprising dining experiences happen by chance. Aladdin makes it unique experience not by chance. It has the innate motivation to serve the community in style to suit their choice. The speciality of Aladdin is to be the introduction of organic food after the holy Ramadan which offers another class by itself with the sole motive to provide natural taste to food and to be the pioneering effort in this direction. The eggs, fish, vegetables and even meat produced in organic way will be considered for the preparation of variety of cuisines. This charming restaurant has a true southern hospitality; offers an exquisite reception by elegant and beautiful hostess escorting you in all politeness to cozy tables of our choice in cabins. The cabins themselves offer great privacy for the family. The spacious dining

area up the stairs at level one is lustrous with attractive and gorgeous window curtains hung resembling the interior of a magnificent palace. Special care has been taken to adorn every available space with antiques and live plants especially the sides of the stairs to provide visual comforts to the guests going up the stairs. The unique feature of the lobby is the spacious walk area with cozy tables arranged even outside the family cabin. From the street to the interior of the loving restaurant one will experience the sooths of comfort. So no matter whether you are looking for a tasting menu, a business luncheon, or dinner by candlelight, you'll always find outstanding, sophisticated cuisine to the latest standards in appropriate, comfortable surroundings. Simply enjoy yourself...

SOCIETY AWARENESS

Al Jimi Mall 5X5 Final

Q & A with Mr. Konrad Kolankiewicz, the event organizer

It was exciting to watch the final match for Al Jimi Mall 5 x 5 Ramadan Tournament which was concluded this past Saturday Oct. 6TH. The event took place at the Specially design football field in front of Al Jimi Mall, and attended by many football fans cheering for their team and enjoying competitive game of football. Al Ain Times News was there to Q & A with Mr. Konrad Kolankiewicz , Retail Marketing Manager of AJM, the man behind the organizing of this unique great event. Q.How much was the cost to organize this tournament? A.The costs were quite high considering the idea of creating a football pitch in front of the Shopping Center, I believe that no one in the UAE has done it before. Yet the biggest challenge has been related to the smooth operations

of all games. Please notice that we have registered 112 players, referees, medic, security, cleaners etc. From this place, I would like to thank all of the Al Jimi Mall staff for their hard work and dedication to this project. Q.What was the sponsor's response when approached? How do they feel about their participation? A.The idea of inviting the sponsors came just before the launch of the event. Aldar Properties is well known for its support to the community and sport events in the Emirates. Al Tayer Group together with Ford brand has agreed to sponsor our activities as a way forward in building their community relation with the residents of Al Ain. Masafi water has given us the supply of their product for entire duration of

the tournament and became our official water. I believe that all of our sponsors think more than just about the advertising benefits. It is a great way of becoming the part of a local community and getting closer to people during such important month as Ramadan. Q. What do you think about the tournament progress and success so far? A.We are very happy with the response of our customers, tenants and number of spectators attending the games. In order to enrich their experience we have decided to keep one of the stands for families only, and it is already proving with the increased number of families visiting the tournament. Q. What is the average of the attendees to the matches each day? A.During the time of tournament, from 10:00PM to midnight,

approximately 4000 customers visit the center of which many are coming to pitch or at least checking out the game on their way in and out the mall Q.. Any comments about the benefits the whole city of Al AIN from such sports events? A.Al Jimi Mall is more than a shopping center, we play an important role in the life of the local community. We have followed what the resident's of Al Ain, Emirates and other Arab counties do after the Taraweeh prayers, they play football! We have adopted that concept of a small neighborhood pitch and transformed it into 30m x 20m grass football venue. Our mission with such activities is to serve the community of Al Ain and the Emirate of Abu Dhabi and we hope that our customers are proud of our actions.



5 on 5 - AJM Ramadan Football Tournament 2007 MATCH RESULTS

	Group A		Group B		Group C		Group D				
Team 1	ASHBEILA		DREAM TEAM		AL NASER		G7 INDIA				
Team 2	AL ARABI		AL AHLI		EGYPT		AL AIN PHARMACY				
Team 3	KHAWARIZMI		AMERICAN COLLEGE		HCT MENS		KHALIDINHO				
Team 4	CITY SEASONS		AL SOQOUR		OMAR BIN KHATAB		AL QATARA				
	Oct. 2		Oct. 3		Oct. 4		Oct. 5				
	A4:C4 9:3	D4:D1 7:12	C2:A3 7:13	D2:D3 8:3	A4:D2 9:8	D1:A3 10:3	A4:D1 5:18	A3:D2 0:8			
Sept. 15	Sept. 16	Sept. 17	Sept. 18	Sept. 19	Sept. 23	Sept. 24	Sept. 25	Sept. 26	Sept. 29	Sept. 30	Oct. 1
A1 vs A2 4:4	C1 vs C2 3:11	A3 vs A4 6:9	C3 vs C4 7:9	A1 vs A3 1:4	C1 vs C3 4:5	A2 vs A4 5:6	C2 vs C4 9:8	A1 vs A4 4:16	C1 vs C4 6:9	A2 vs A3 4:16	C2 vs C3 6:4
B1 vs B2 1:6	D1 vs D2 6:10	B3 vs B4 6:8	D3 vs D4 9:7	B1 vs B3 5:6	D1 vs D3 11:0	B2 vs B4 3:6	D2 vs D4 10:1	B1 vs B4 0:8	D1 vs D4 12:3	B2 vs B3 3:4	D2 vs D3 9:0



5on5 AJM Ramadan Football Tournament 2007

Al Jimi Mall

ALDAR

LIFESTYLE

Mom's Kitchen

Eid Sweets

- by Amal Tatanaki

Eid Special
Kaak with dates

Ingredients:

1 1/4 cup olive oil
1 cup warm water
flour (as needed)
1 tsp instant yeast
1 tsp sugar
1 tsp salt
1/2 kg date paste

Method:

take half the water, add yeast and sugar. Let stand until bubbles appear. Mix oil with yeast/water mix, water and salt. Add flour gradually until the dough is of medium softness (kneadable but not sticky).

Take a small piece of dough (around the size of walnut shell), Roll on table to become the length and diameter of index finger (approx). Make a roll of date paste slightly thinner than the dough. Flatten the dough piece across the middle gently with your finger. Place the date paste roll in the center. Close the dough around the date paste and roll on the table until it reaches around 15cm in length. Nick gently with knife tip along one side ONLY. Twist into a circle.

Repeat until dough is finished.

Place each piece onto an oven tray. Bake at 180C for 10 minutes or until slightly golden.

Serve with tea or coffee.

You are what you read

- Al Ain Times

Packaging and labels are there to impart important information, says ICLDC

ICLDC Launches I COOK HEALTHILY;

Live cook show, nightly during Ramadan at Abu Dhabi's Marina Mall Every night until October 11, 9.30pm to 10.30pm (for more information log on to www.icldc.ae 'I COOK HEALTHILY' recipes are available for download on www.diabetesuae.ae)

Abu Dhabi, October 2007: On-going improvement in the labeling and packaging of groceries has helped ease the often-daunting process of personal diet management, according to a leading official at Abu Dhabi's Imperial College London Diabetes Centre (ICLDC).

"Self regulation by food production companies and the deployment by local governments of nation-wide controls have meant that the consumers' ability to determine just what goes onto the food table has never been so straightforward," said ICLDC's Dr. Maha Taysir Barakat, Consultant Endocrinologist and Medical & Research Director at the Centre.

She stressed that diet plays an important role in general well-being, particularly for those living with diabetes and confirmed that by maintaining a healthy

lifestyle, including a balanced diet, not only can diabetes be managed, but it is possible to help prevent its onset, if predisposition is recognized early.

Recent figures suggest that one out of five people in the UAE aged 20 to 79 already live with diabetes.

"If you are living with diabetes, your diet is an important part of your treatment plan," she said.

"Today's ever-stringent food labelling guidelines mean that you can determine what you are eating – and what to avoid – by carefully reading the labels. Reading and understanding food labels can help you make the best dietary choices."

(This month, during the Holy Month of Ramadan) ICLDC has joined hands with Marina Mall, Abu Dhabi to host live cooking demonstrations (from 9.30pm to 10.30pm

nightly). More than 10,000 people are expected to see one or more of the shows, dubbed 'I COOK HEALTHILY'.

'I COOK HEALTHILY' is the second stage of ICLDC's multi-pronged public health awareness campaign, 'DIABETES. KNOWLEDGE. ACTION', in partnership with Emirates Foundation.

Chef Salim, Executive Chef with Abu Dhabi National Hotels, is billed to make nightly performances, cooking up more than 60 recipes (two a night) at a bespoke IKEA kitchen especially constructed in Marina Mall's exhibition concourse.

Dr. Maha endorsed the cook show concept and approved each of the 60 recipes. The recipes are now available for download on www.diabetesuae.ae

ICLDC's
Practical Tips for
Healthy eating

The ingredient list informs you of the ingredients that are used in the packaged food and they are shown in descending order according to their weight

The first ingredient makes up the largest quantity of the food items. Beware of the foods where fat, margarine, cream, oil or sugar feature the top few ingredients.

Understanding Common Nutrient Claims

When You Read...

The Nutrient Claims Indicate...

Sodium free/Salt free

Low Sodium

Reduced in Sodium

Light in Sodium

Unsalted/No Added Salt

Less than 5 mg of sodium per serving

140 mg or less of sodium per serving

At least 25% less sodium than regular version

50% less sodium than regular version

No salt has been added to the product

Fat-Free*

Low Saturated Fat

Low Fat

Reduced Fat

Light in Fat

Less than 0.5 grams of fat per serving

1 gram or less per serving

3 grams or less of fat per serving

At least 25% less fat than regular version

50% less fat than regular version

Sugar-Free**

Reduced in Sugar

No Added Sugars

High in Fibre

Less than 0.5 grams of

sugar per serving

At least 25% less sugar than regular version

No sugar has been added to the product

5 grams or more of fibre per serving

*Fat-Free may not always be a healthier option as it may be higher in carbohydrates than the original. It's best to read and compare the labels!

**Sugar-Free does not mean that a product is carbohydrate-free.

Useful Tips:

1 Avoid food with added sugar.

2 Avoid fried food.

3 Eat more fiber. In fact, half of your plate should be green as a rule of thumb (e.g. Salad, vegetables, tabbouleh) – see attached.

4 Lastly and most importantly daily walking or regular exercise is essential.

Abu Dhabi's state-of-the-art diabetes centre, ICLDC, opened just over one year ago (August 2006) and is now the UAE's largest, leading, multi-disciplinary diabetes facility. It is dedicated to prevention, treatment, training and research covering all aspects of diabetes and its complications.

For more detailed information, visit www.icldc.ae and www.diabetesuae.ae

ENTERTAINMENT

SUDOKU!

A Sudoku puzzle consists of a 9x9 grid which has been subdivided into 9 smaller grids. The aim of the game is that each column, row and box must contain each of the numbers; one to nine. Meaning you cannot use the same number twice in any column, row or box!

6				8	9	2		
	4		7			9		
		9						3
	3			2	7		5	1
		6		5		8		
9	5		6	3			7	
1						3		
		7			4		2	
		4	1	9				8

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SOLUTION:

8	9	7	5	6	1	4	2	3
5	2	1	4	9	3	7	6	8
4	6	3	2	7	8	5	9	1
2	7	4	8	3	9	1	5	6
6	3	8	1	5	4	9	7	2
1	5	9	7	2	6	8	3	4
3	1	5	9	4	7	6	8	2
9	8	6	3	1	7	2	4	5
7	4	2	6	8	5	3	1	9

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Upcoming Films

- Reviewed by Ola Salem

The Kingdom



A team of U.S. government agents are sent off to Saudi Arabia to search for the terrorists who bombed a Western housing compound in Riyadh. FBI Special Agent Ronald Fleury quickly assembles an elite team and negotiates a secret five-day trip into Saudi Arabia to locate the person behind the bombing. However, upon landing in the desert Kingdom, they fail to gain the Saudi authorities trust and soon realize that without their trust, the whole trip is pointless. 'The Kingdom' is an interesting film but one you're unlikely to want to watch again.

Contains intense sequences of graphic brutal violence, and strong language

Daddy Day Camp



Dads Charlie Hinton and Phil Ryerson, are taking over the summer day camp with no knowledge of the great outdoors or any experience with dealing with so many eager campers. Pretty soon everything goes out of control and it's not long before Charlie gives in and calls his father for backup. 'Daddy Day Camp' is an amusing film for the whole family to enjoy.

Contains mild strong language.

Knocked Up



Alison Scott is a 24 year old entertainment journalist who got pregnant after a drunken night with Ben stone; an average goof-ball. After this shock it is up to them to decide whether or not it's worth giving each other a chance at dating, or if it's just easier to pretend that the baby has no father. With the time ticking, and the tummy getting larger, they have less than 9 months to decide on their future. A great comedy that shows one little thing can change your life course forever, even if it is something that you don't even remember happening in the first place.

Contains sexual content, drug use and strong language.

Year of the Dog



Alison Scott is a 24 year old entertainment journalist who got pregnant after a drunken night with Ben stone; an average goof-ball. After this shock it is up to them to decide whether or not it's worth giving each other a chance at dating, or if it's just easier to pretend that the baby has no father. With the time ticking, and the tummy getting larger, they have less than 9 months to decide on their future. A great comedy that shows one little thing can change your life course forever, even if it is something that you don't even remember happening in the first place.

SPORTS

7TH ACA RAMADAN FLOODLIT CRICKET TOURNAMENT

AL AIN CRICKET ASSOCIATION

Pakhtoon Khwah defeated Mughal Club and Avis Rent A Car beat WED club to qualify for the semi-finals along with William Hare's Abu Dhabi Gymkhana and Jabri Club.

Pakhtoon Khwah batting first in their last crucial match against Mughal club scored 223 in 22 overs with good batting by Awad 52 in 37 balls and well supported by Rahat Shah 37 and Kashif 32. Kanwal claimed 4 wickets for 40 runs in 4 over and Tariq got two for 41 for Mughal Club.

In reply Mughal Club could not reach the target and bowled out for just 164 with fine batting by

Tariq 68 with the help of (3x6's) and (9x4's) Nahib and Hassan Afridi claimed two wickets each for 27 and 24 runs respectively.

In another match a superb century by Hassan Habib of Avis Rent A Car helped the team to achieve a seven wickets victory over WED Club who were bowled out for only 142 in 22.4 overs.

Deadly bowling by Nabil 5/42 of Pakhtoon Khwah, Sajjad 4/33 of WED Club and some good batting by Khalid Elahi 86, Soud 70 of Jabri Club and Sajjad 53 of WED Club were the highlights of the matches played in 7th ACA Ramadan Floodlit

Tournament in Maziad.

The tournament is organised by Al Ain Cricket Association and sponsored by Z. Cool Industries (Pvt) limited, Sharjah, and co-sponsored by Javaid Khan Logisties, Dubai.

Avis Rent A Car will meet Pakhtoon Khwah on 2nd October in the first Semi Final while William Hare's Abu Dhabi Gymkhana will face Jabri Club in the Second semi-final on 3rd October 2007 in Maziad ground. Both match will start at 9 p.m.

Summarised Scores

Avis Rent A Car beat WED Club by 7 wickets.

WED Club 142 : (Sajjad 17, Dr. Ahmed Tariq Ansari 49 and Javed 43)

Ameen 2/25, Rafiq 2/17, and Nabil 2/29

Avis rent a car 145/3 : (Hassan Habib 100 and Niyaz 28)

Azeem Ansari 2/60

Man of the Match: Hassan Habeeb of Avis Rent A Car

Jabri Club beat WED Club by 4 wickets.

WED Club 213 : (Azeem ansari 23, Sajjad 53, Dr. Ahmed Tariq Ansari 24, Saqib 34 and Waris 35 not out) - Rashid Jabri 2/36

Jabri Club 217/6 : (Soud Jabri 70, Khalid Elahi 86

Omar Butt 15 and Asim 22)

Sajjad 4/33 and Azeem 1/34

Man of the Match: Sajjad of WED Club

Pakhtoon Khwah beat Mega Carpets by 3 wickets

Mega Carpet 200 : (Ibrahim 44, Asif 40, Imran 19 and Shamroz 29)

Nabil 5/42 and HAroon 3/27

Pakhtoon Khwah 201/7 : (Haroon 47, Rahat Shah 19, Awad 18, Kamil 29 and Kashif 29)

Saleem 3/39 and Sajjad 2/29

Man of the Match: Nabil of Pakhtoon Khwah

Mughal Club lost to Pakhtoon Khwah by 59 runs

Pakhtoon Khwah 223 : (Nabil 16, Rahat Shah 37, Awad 52, Abu Tahir 27 and Kashif 32)

Kanwal 3/40 and Tariq 2/41

Mughal Club 164 : (Tariq 68, Asif Mahmoud 29, Azeem 18 and Mahmoud 23)

Hassan 2/24 and Nabul 2/27

Man of the Match: Awad of Pakhtoon Khwah

ISC-AL FARA'A CUP Ramadan Volleyball Tournament

Al Fara'a Cup to Ahalia

Ahlia Exchange won the third ISC Ain-Al Fara'a Volleyball Cup in a glittering finals that was held at the ISC stadium on Saturday. The runners up Geo Electricals put up a good fight in the second set. Barring that, the Ahalians dominated through out the sets (25-19, 25-21 and 25-18) to emerge as the unquestionable winners.

As the score card suggests, the Finals witnessed an easy walk over of the star studded Ahlia team. While Srikant and Sanjay excelled at the net, Kapil, Shiraz and

Nawaz provided excellent connections to keep the score board ticking for them, never allowing the opponents to dominate. Though Geo's ace players Aziz, Shaheem, vipin and Sunil Kumar displayed their match skills, frequent failures with services eclipsed their efforts.

In a sparkling closing ceremony following the final match, Main sponsor Al Faraa's representatives Mr. Ruhail Azad Sigh, Mr. Benny Vargehese, Mr. Manoj collectively handed over the coveted trophy to the winning

team. The runners up trophy was presented by Mr. Jaypal of UAE Exchange centre, the co-sponsor, ISC President Mr. Poulouse, General Secretary Mr. Virmalan and Sports Secretary Mr. Abdul RAzak congratulated the teams and distributed individual medals and cash prizes. Asst sports Secretary Mr. Abdul Jabbar proposed the vote of thanks with a closing note to all sports lovers to relive the memories of the event in yet another volleyball fiesta to be organized in the following Ramadan In Sha'a Allah.



Al-Ain Disable Club Basket ball Ramadan Tournament

Abu-Dhabi Disable Club(ADDC) V UAEUvADDC won the match 29-16



AAAF – Al Ain Animal Friends – AAAF Foster Cats are looking for a New Home

Animals needing homes in Al Ain



Border Collie

Al Ain Animal Friends (AAAF) currently needs homes for 6 dogs and 4 cats. "We are especially appealing to readers who have large gardens where dogs can roam around freely outside to consider adopting a dog," Susan says. "These dogs need and enjoy human company, are friendly and playful and can eventually be trained to come indoors." If you are interested in adopting a dog, are over 18 years

of age and are responsible and capable of taking care of a pet, please send Al Ain Animal Friends your details on: alainfriends@yahoo.com or call (050) 533-8577.

The two kittens needing homes are not wild cats (mixed Persian), but need good and loving homes. For more information about the cats, contact Marion at (03) 755-3521 or (050) 619-6049.



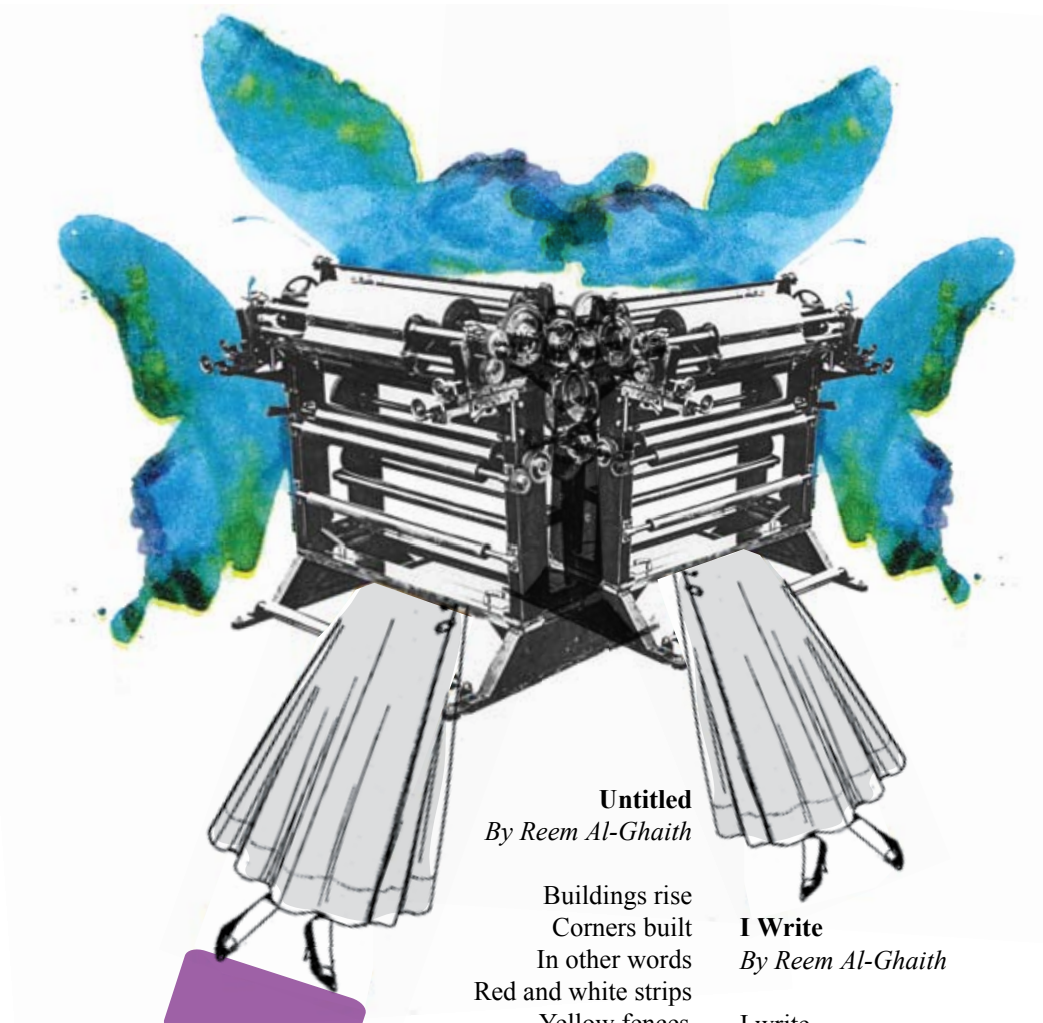
This 5 months old Persian mix male cat loves to play ... and is very active. He likes to have other cat company.



Spice is a 1 year old, castrated, Persian mix cat. She's looking for a quiet & loving home.

EXPRESSIONS

Page design by Reem Mohammed



Untitled

By Reem Al-Ghaith

Buildings rise
 Corners built
 In other words
 Red and white strips
 Yellow fences
 Traffic;
 Signs
 Roadblocks
 No intersection
 No water;
 A desert
 Humidity;
 Heat
 No passion
 Words left
 Souls unaided
 Bandages around
 No cure
 No fences
 But fear
 Alone
 I form
 A platform
 Millions of hours
 Of days
 I can't give
 Nor could be given
 In other words
 A metropolitan
 With no lights
 No shelter
 No pavements
 Only signals
 Beats
 Rhythms
 Unrelated
 No borders
 Not even a map
 Where do I belong?
 Elsewhere;
 Everywhere
 No results were found
 An orphan;
 Reminiscence
 See also deserted;
 Myself
 All of the above

I Write

By Reem Al-Ghaith

I write
 I wrote
 Have written
 Writings
 Voices
 The voices
 That speak
 Responses
 A set back
 A feeling
 That translates
 By
 Read by
 Composed to
 "Even if you don't speak"
 They are
 A series
 Of Romans
 A speech icon
 "Press the button"
 The play button
 No punctualities
 Made by
 No typewriter
 On a wall
 No pauses
 But silence
 Engraved
 Inscribed
 Within
 A manual
 With instructions
 Expired to date
 But revived
 I can't think
 An expression
 "Where are you?"
 A fragment
 Reality wise
 Not in my visions
 Remember the column
 The two words
 The past and present
 The midnight and light
 "I don't need inspiration"
 Day dreaming
 In a moment
 With the guitar
 My fingers
 On a line
 Set by you
 My author.

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